



The Army Zip Sleeve Roll

Summer means "sleeves up" for drills. The idea behind the Army roll is to help keep cool in the summer, but allow for a quick Zip down of the sleeve for full arm sun protection. Just grab the cuff and pull.

The goal is to have the finished folded sleeve ending just above your elbow with a neat, finished appearance. Depending on your arm length and BDU shirt, you'll be doing a 3 step or 4 step fold.

3 Step Roll



Take off your BDU shirt - you can't do this with it on.

Lay out and smooth the sleeve on a flat surface. Un-button the cuff.



Fold up the sleeve to the top of the elbow reinforcement seam for a 3 roll.

On a 4 roll, keep going until you're about an inch from the armpit.

Keep smoothing and try to keep the seams aligned.



Ready for next fold.



Fold again and smooth.
For a 4 roll, you'll be folding partway up and then again to the edge of the cuff.



Ready for finish fold.

The secret to doing this right is insuring that the inside of the cuff fabric is slightly wider than the folded part of the sleeve. Start over if it's not.

Keep smoothing



Finish folding by pulling the cuff back over the folded sleeve.

Check seam alignment and smooth as much as possible.



Button the cuff and you're ready to go.

When done, you shouldn't see any folded "white fabric" below the cuff or excess sleeve fabric above the cuff seam.

Occasionally, you may see someone who has actually had their uniform altered to create a sleeves-up appearance. It's not authorized.